

STAGE 3 : SORTLAND - STORHEIA

Samedi 17 août 2019

Distance : 176,5 km

ITINERAIRE HORAIRE

Start meeting point :







Start of the Caravan :

Signing-in :

Roll-call :

Neutralised start :

Race start :

Kilomètres		ITINERAIRE			Horaire		
A parcourir	Total				Moyenne course		
					43 km/h	41 km/h	39 km/h
NORVEGE							
			SORTLAND	Départ fictif	13:35	13:35	13:35
176,5	0,0	R951	SORTLAND	Départ réel	13:40	13:40	13:40
174,0	2,5		STORVATNET summit		13:46	13:46	13:47
165,5	11,0		HOLMSTAD - Crossroads R951 - R855		13:55	13:55	13:55
161,5	15,0	R855	FRØSKELAND		14:02	14:03	14:04
161,0	15,5		Crossroads R855 - R820		14:03	14:04	14:05
161,0	15,5	R820	Crossroads R820 - R821		14:03	14:04	14:05
158,5	18,0	R821	STOREIDET summit		14:09	14:10	14:11
157,5	19,0		ØKSNES KOMMUNE		14:10	14:11	14:12
154,5	22,0		STEINLANDSFJORD		14:13	14:14	14:15
154,0	22,5		Crossroads R821 - R939		14:14	14:15	14:16
152,0	24,5	R939	HAUGEN		14:16	14:17	14:18
146,5	30,0		LIA		14:25	14:27	14:29
144,5	32,0		TOFTENES		14:29	14:31	14:34
141,5	35,0		ALSVÅG		14:34	14:37	14:40
133,0	43,5		Crossroads R939 - R821		14:49	14:54	14:58
132,0	44,5	R821	MYRE		14:51	14:56	15:00
130,5	46,0		Crossroads R821 - R933		14:54	14:58	15:04
128,5	48,0	R933	Crossroads R933 - R821		14:57	15:02	15:08
122,0	54,5	R821	STEINLAND		15:09	15:15	15:22
118,0	58,5		STEINLANDSFJORD		15:16	15:23	15:30
117,0	59,5		ÅSEN		15:18	15:25	15:32
109,0	67,5		Crossroads R821 - R820		15:32	15:40	15:49
102,0	74,5	R820	JEANESTAD		15:44	15:54	16:04
94,0	82,5		Crossroads R820 - R82		15:59	16:10	16:22
93,5	83,0	R82	Crossroads R82 - Harmegata		16:00	16:10	16:23
93,0	83,5	Harmegata	Crossroads Harmegata - Strandgata		16:00	16:11	16:24
92,5	84,0	Strandgata	SORTLAND		16:01	16:12	16:25
92,0	84,5				16:02	16:13	16:26
91,5	85,0		Crossroads Strandgata - R82		16:03	16:14	16:27
88,0	88,5	R82	Crossroads R82 - R951		16:09	16:21	16:34
86,0	90,5	R951	STORVATNET summit		16:14	16:26	16:40
80,0	96,5		Crossroads R951 - R952		16:20	16:32	16:46
77,0	99,5	R952	Crossroads R952 - R855		16:23	16:35	16:49
45,5	131,0	R855	SANDNES		16:55	17:07	17:20

40,5	136,0		Crossroads R855 - R82		17:00	17:12	17:25
37,0	139,5		STOKMARKNES		17:03	17:15	17:29
34,5	142,0	Skarveien	STOKMARKNES	S	17:06	17:18	17:31
33,5	143,0		Crossroads Skarveien - Bergvikveien		17:07	17:19	17:32
33,0	143,5	Bergvikveien	BERGVIK		17:07	17:19	17:33
30,5	146,0	R881	FLATSET		17:10	17:22	17:35
29,0	147,5		BREIVIK		17:11	17:23	17:37
25,0	151,5		DRAGNES		17:15	17:27	17:41
24,5	152,0		RØRVIK		17:16	17:28	17:41
23,0	153,5		TEIGAN		17:17	17:29	17:43
11,0	165,5		MELBU		17:29	17:41	17:55
7,0	169,5		Crossroads R82		17:33	17:45	17:59
3,5	173,0		Crossroads		17:37	17:49	18:02
0,0	176,5		STORHEIA	HC	17:46	17:58	18:12

Finish line :

Width :

Doping test :

Race HQ / Media room :

Distance from the finish line :